

Women's Regatta

Hands-on-the-Helm for Hubbard House

Women's Sailing Series (WSS) #3

North Florida Cruising Club

October 4TH, 2008

Jacksonville, FL

SAILING INSTRUCTIONS

1 RULES

- 1.1 The race/regatta will be governed by the rules as defined in *The Racing Rules of Sailing*. (RRS) 2005-2008
- 1.2 The rules will only be deviated from under the prescriptions of US Sailing, the PHRF rules of the First Coast Sailing Association (FCSA), the Notice of Race, and these Sailing Instructions.
- 1.3 The North Florida Cruising Club (NFCC) is the Organizing Authority for this Race.
- 1.4 Racing rule(s) will be changed as follows:
SI Rule 8; Course- the Course will not be contained in this Sailing Instruction.

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the white board displayed at the Skipper's Meeting.

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to these sailing instructions will be posted on the white board displayed ashore at the Skipper's Meeting, or if after the Skipper's Meeting, on the White board on the Starboard side of the Race Committee (RC) Boat, and will be signified by RC flying the "Come within hail" flag, Code Flag "Lima". (L) An effort will also be made to broadcast changes on VHF Ch 68. Failure of any yacht to hear said changes will not materially prejudice that yacht, as the white board is the official change location.



4 SIGNALS MADE ASHORE/AFLOAT

- 4.1 There may be signals made ashore on the Clubhouse flagpole at the Rudder Club.
- 4.2 See "Common Race Committee Signals" link on the NFCC web-site, under the "Racing 2008" section, for Flags and/or signals that may be made by the Race Committee boat while afloat, underway, or on-station.

5 SCHEDULE OF EVENTS/RACES

- 5.1 Saturday October 4th, 2008: 12:30 – 1:30 PM: Late Registration
- 5.2 2:00 PM: Skipper's Meeting at the Rudder Club.
- 5.3 1455 Warning Signal for First Class;
1500 Start of First Class, 1505 Start of Second Class.

6 CLASS FLAGS

<u>Class</u>	<u>Start</u>	<u>Flag</u>	
All Female Non-Spin and Mixed-crew Cruiser:	First		Pennant "One"
All Female Spinnaker and Mixed-crew Spinnaker:	Second		Pennant "Two"

7 RACING AREAS

- 7.1 The Racing area is explained in the “*River Chart w/ Race Marks & Info.*”
See Link at www.sailjax.com
- 7.2 This Race will be on NOAA Chart 11492.

8 THE COURSE

- 8.1 The Course will be displayed on a White board on the Starboard side of the Race Committee boat at least ten (10) minutes before the first signal.

9 MARKS

- 9.1 Marks will be existing Government Aids to Navigation; in addition, a yellow (round) inflatable may be used as a Weather (“W”) or Start and/or Finish mark.
- 9.2 A Missing mark will be replaced by the RC boat displaying Code Flag “Mike”. (M)
- 9.3 The Starting mark will be on the Port side of the Race Committee boat.
- 9.4 A Finish mark, if used, will be on the Starboard side of the Race Committee boat.

10 AREAS THAT ARE OBSTRUCTIONS

- 10.1 The following areas are designated as obstructions: The Buckman Bridge.

11 THE START

- 11.1 Races will be started by using rule 26 with the warning signal given five (5) minutes before the starting signal.
- 11.2 The starting line will be between a staff displaying an orange flag on the Race Committee boat at the Starboard end, and the starting mark at the port-end.
- 11.3 Yachts whose warning signal has not been made shall remain clear of the starting area.
- 11.4 A yacht starting later than thirty (30) minutes after her starting signal will be scored Did Not Start. (DNS) This changes rule A4.
- 11.5 If any part of a Yacht’s hull, crew or equipment is on the course side of the starting line during the two minutes before her starting signal and she is identified, the race committee will attempt to broadcast her sail number on VHF channel 68. Failure to make a broadcast or to time it accurately will not be grounds for a request for redress. This changes rule 62.1(a).

12 CHANGE OF COURSE

- 12.1 To change a course, the Race Committee will display the new course on the White board as soon as practicable, be on-station at the point where the course change begins, and display a bearing to the next mark. The Race Committee will signify this action by displaying code Flag “Charlie”. (C)

13 THE FINISH

- 13.1 The finish will be explained on the White course board on the Starboard side of the Race Committee boat. (See SI Rule 8.1 and 9.4)

14 PENALTY SYSTEM

- 14.1 If a yacht accepts responsibility for a protest or foul, the yacht may make two (2) complete 360 degree turns (two tacks and two gybes) at the first reasonable opportunity. (RRS 44.1 & 44.2). You must notify the RC of your turns. However, if you caused injury or serious damage or gained a significant advantage in the race by your breach your penalty shall be to retire.
- 14.2 If a yacht touches a mark, (other than a starting mark) you shall exonerate yourself by promptly making a 360 turn penalty.

15 TIME LIMITS

15.1 Time limits are as follows:

<u>Class</u>	<u>Time limit</u>
A/F Non-spin & Mixed Cruiser	1800
A/F & Mixed Spinnaker	1805

16 PROTESTS AND REQUESTS FOR REDRESS

- 16.1 Protest forms are available online at www.sailjax.com and from the Race Committee and must be filed with a \$20.00 Protest Fee. A protesting yacht's fee will be refunded if their protest is upheld.
- 16.2 For each class, the protest time limit is 60 minutes after the Race Committee boat returns to shore, wherever that is. (The same time limit applies to protests by the race committee and/or protest committee about incidents they observe in the racing area and to requests for redress. This changes rules 61.3 and 62.2.)
- 16.3 Notices will be posted within 60 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
- 16.4 Postings and Hearings will be held at a location to be determined in the Notice to Competitors. (See SI Rule 2.1)
- 16.5 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).
- 16.6 A list of boats that, under instruction 14.4, have acknowledged breaking rule 42 or have been disqualified by the protest committee will be posted before the protest time limit.
- 16.7 Any Yacht or Skipper's lack of access to forms online or at any web-site will not constitute a yacht being "materially prejudiced." Forms are available with advanced notice by requesting them from the NFCC Race Captain. (See SI Rule 27.1)
- 16.8 Decisions of the protest committee will be final as provided in rule 70.4.

17 SCORING

- 17.1 The scoring system is as follows: PHRF Corrected Time.
- 17.2 This race is also part of the Women's Series, and Low-point scoring will be used in the series.

18 SAFETY REGULATIONS

- 18.1 Yachts shall check-in by hailing the Race Committee on VHF Ch. 68.
- 18.2 A boat that retires from a race shall notify the race committee as soon as possible.
- 18.3 **Yachts shall be in compliance with State and Federal regulations.**
(19 thru 24 Deleted)

25 CANCELLATION

- 25.1 In the event of Cancellation due to unforeseen circumstances, the race will be rescheduled.

26 PRIZES

- 26.1 Awards will be as follows:
1st, 2nd, and 3rd place finishers in each class or division with three (3) or more yachts;
(Three yachts constitute a class or division)
- 26.2 **POST RACE** - Results will be available immediately after the Race.
All participants are welcome and encouraged to join the post-race festivities at The Rudder Club of Jacksonville.
Results will be posted online at www.nfcsail.com

27 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

28 INFORMATION

28.1 Point of Contact: NFCC Race Captain David Kyser (904) 631-2926, davekyser@yahoo.com

28.2 Regatta Chairperson: Joan Rogers (904) 220-5839, handsonthehelm@earthlink.net

